# **Idaho High School Activities Association**

### **Board of Directors Synopsis**

Wednesday, July 31, 2019

#### **Members Present:**

Jeff Cirka (presided as president), Ron Anthony, Curt-Randall Bayer, Pat Charlton, Jeff Cirka, Derek Newland, Beth Holt, Kevin Howard, Randy Lords, Bob Ranells, Ted Reynolds, Jeff Stoppenhagen, Chad Williams, Stacy Wilson, Jamie Holyoak, Starr Olsen

#### **Members Absent:**

None

#### **Staff Present:**

Ty Jones, Julie Hammons, Mike Federico, Ali Tedford (intern), Debbie Johnson as secretary

#### **Staff Absent:**

None

#### Visitors

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Larry Taylor, GreenLeaf	Mike Green, Wendell HS	Todd Dixon, Challis HS
Vince Mann, Borah HS	Wade Messick, Shelley HS	Jason Warr, West Ada
Michael Cummings, Ridgevue HS	Jeremy Burgess, Salmon HS	Kirby Bright, Kimberly HS
Lon Ahlquist, Canyon Ridge HS	Tol Gropp, Timberline HS	Tony Brulotte, Vallivue HS
Jay Miller, Sugar-Salem HS	Dwight Richins, Blackfoot HS	Kevin Stilling, Wood River HS
Richard Whitelaw, SVCS	Chris Tucker, S. Fremont HS	Steve Sosnowski, Capital HS
Troy Rice, Rocky Mt. HS	Tyler Johnson, Bonneville HS	Brady Trenkle, Minico HS

#### Letters

Sydney Sterling

Bob Ranells moved, Jeff Stoppenhagen seconded to approve the agenda.

#### **CONSENT AGENDA**

Curt-Randall Bayer moved, Bob Ranells seconded to approve the Minutes from the June 5, 2019 Board of Directors Meeting.

Ty Jones reported there is not a lot of new information on the financials. Things are pretty close to where they were this time last year.

Bob Ranells moved, Ron Anthony seconded to approve the IHSAA Board of Directors Financials.

Chad Williams moved, Randy Lords seconded to approve the Board of Directors Actions via phone, email and Fax.

#### REPORT AGENDA

#### YEA Update

Julie Hammons reported that the YEA fiscal year finished on June 30, 2019 with a first time in history account balance of a little over \$4 million dollars. The 2018-19 school year final distribution was a little over \$140 thousand dollars, which is a \$12,000 increase from last year. The YEA has 67 vested schools including Buhl High School and Troy High School that have recently become fully vested.

#### **Dairy West Update**

No update.

#### **Audit Review**

Ty Jones reported the audit review went well with no concerns from the auditors.

#### 2019 NFHS Summer Conference

NFHS Summer Conference was held in Indianapolis, Indiana and it was the 100<sup>th</sup> year celebration. IHSAA Board Member Jeff Cirka attended as well as former IHSAA directors John Billetz and Diane Wolf. The NFHS is excited about some new initiatives for this coming year. Julie Hammons attended the Women in Leadership conference, which included topics on diversity and equality and was very motivational. Jeff Cirka reported the topic of mental health was addressed and the NFHS is working hard to increase awareness.

#### 2019 National Student Leadership Summit/2019-20 SAC Retreat

Mike Federico reported Hannah Bolingbroke and Sierra Keele attended the National Student Leadership Summit (NSLS) in Indianapolis, Indiana. They attended sessions on teamwork, how to confront teammates and inclusion. They also had the privilege to work with special needs students, which is always a highlight.

The Student Advisory Council (SAC) retreat was held on Monday, July 15<sup>th</sup> with a fun activity of floating the Boise River. The council has grown from 6 to 14 students with representation for every district in the state. Some new things they are working on this year include holding a leadership summit, looking for adult reps and start attending administrative meetings.

#### Hall of Fame Banquet

Julie Hammons reported the 40<sup>th</sup> Annual Hall of Fame Banquet is Wednesday, July 31, 2019 at 6:30 p.m. at the Boise Centre. Fourteen award recipients will be honored; Larry Messick and Doug Standlee will be inducted into the IHSAA Hall of Fame.

#### **Annual Meeting**

Julie Hammons reported the IHSAA Annual meeting will be Wednesday, July 31, 2019 at 1:30 p.m. at the Boise Centre in room 140, west conference area. Schools of Excellence will be presented at this time, in partnership with the Idaho Army National Guard.

#### **Review Committee Assignments**

Ty Jones reported on the committee assignments for 2019-20.

#### **IHSAA New Website Review**

Mike Federico reported on the updated IHSAA website. It is now mobile friendly and allows for easier changes/updates. Max Preps was also discussed and can be utilized by all sports. Coaches are encouraged to enter information for state events.

#### September Board Meeting

Ty Jones reported the September IHSAA Board of Directors meeting will be held in District II on Tuesday, September 24 at 8:00 a.m. at the Red Lion in Lewiston. Rooms at the Red Lion can be reserved at a discounted rate of \$94/night. Call 208-748-1042 to make reservations. Vote on final appeals for classification will take place at this meeting.

#### **Committee Reports**

Ty Jones reported the State Tournament Committee reviewed fall tournament sites, dates and play-in games. They also reviewed the number of activity cards that were given out to schools and discussed state tournament pictures.

#### Policy Manual/Executive Session

Ty Jones revamped information for the new IHSAA board members.

#### **ACTION AGENDA - FINAL READINGS**

#### Rule 2-2-1

A motion was made to approve modifying Rule 2-2-1 pertaining to the 2020- 2022 Classification guidelines with modifications as a Final Reading. (See page 6-7)

Motion carried

#### **IHSAA** Media Rights

A motion was made to approve the IHSAA control of the media rights for all rounds of football from the round of 16 onward as a Final Reading. (See page 8)

Motion carried

#### Rule 10-1-2

A motion was made to approve Rule 10-1-2 which outlines the criteria for officials' background checks as a Final Reading. (See page 9)

Motion carried

Approved 13; Deny 1

#### **ACTION AGENDA - FIRST READINGS**

#### 2020 Spring Competition Start Date

A motion was made to approve modifying the 2020 spring competition start date from March 11, 2020 to March 9, 2020 as a First Reading.

Motion carried

#### **Baseball Pitch Counts**

A motion was made to approve modifying how baseball pitch counts are reported as a First Reading. (See page 10)

Motion carried

#### **Exemption for ISATA**

A motion was made to approve the following exemption for ISATA regarding post-state tournament competitive events as a First Reading.

Any competition after the state tournament requires permission of the principal or superintendent and the IHSAA.

Motion carried

#### Rule 17-2-4

A motion was made to approve modifying Rule 17-2-4 pertaining to coach-instructed and student-led practices during the no contact period as a First Reading.

No vote taken

A motion was made to make this a Final Reading and to have the start date as Saturday, August 3<sup>rd</sup>.

No vote taken

A motion was made to amend the motion, making this a Final Reading and have the start date as Saturday, August 3<sup>rd</sup>. (See page 11)

Motion carried

#### NFHS Student Mental Health Course

A motion was made to approve requiring the online NFHS Student Mental Health course as a First Reading. (See page 12-14)

Motion carried
Approved 13; Deny 1

#### **DISCUSSION AGENDA**

1. A motion was made to move separating coed and all girl cheer state championships to the Action Agenda as a First Reading at the September Board of Directors Meeting.

Motion carried

Starr Olsen moved, Derek Newland seconded to adjourn at 10:31 a.m.

**2-2** Classifications shall be reviewed every two years. Grades 9-12 enrollment numbers are obtained during the enrollment year from the State Department of Education and as outlined in Rule 8-14, 15, 16, 17. Figures are compiled during a one-year period, with a one-year grace period as illustrated below. The average of enrollment figures used in calculating classification shall not be rounded up.

Enrollment Year	Grace Year	<b>Classification Period</b>		
2016-2017	2017-2018	2018-2019/2019-2020		
2018-2019	2019-2020	2020-2021/2021-2022		
2020-2021	2021-2022	2022-2023/2023-2024		

#### **2-2-1** Classifications for the current school year:

#### Sports/Spirit/Drama

5A 1280 & over 4A 640-1279 3A 639-320 2A 319-160 1ADI 159-100 1ADII 99 and below

#### 2020-22 GENERAL CLASSIFICATION & ALIGNMENT

District	5A 2500-1280	4A 1279-640	3A 639-320	2A 319-160	1A Div. I	1A Div. II 84 & below
<b>I</b> (17)	Coeur d'Alene Lake City Post Falls	Lakeland Sandpoint	Bonners Ferry (Boulder Creek co-op) Timberlake	CdA Charter Kellogg Priest River St. Maries	Clark Fork Genesis Prep Lakeside Wallace	Kootenai Mullan
<b>II</b> (19)	Lewiston	Moscow		Grangeville Orofino	Clearwater Valley Genesee Kamiah Lapwai Logos Potlatch Prairie Troy	Culdesac Deary Highland-C Kendrick Nezperce St. John Bosco Acdmy Timberline-W
<b>III</b> (52)	Boise Borah Caldwell Capital Centennial Eagle Kuna Meridian Mountain View Nampa Rocky Mountain Skyview Timberline-B	Bishop Kelly Columbia Emmett Middleton Renaissance Ridgevue Vallivue	Fruitland Homedale McCall-Donnelly Parma Payette Weiser	Ambrose Compass Charter Cole Valley Christian Idaho Arts Charter Marsing Melba Nampa Christian New Plymouth Sage International Vision Charter	Idaho City Liberty Charter North Star Charter Notus Riverstone Int'l Victory Charter Wilder	Cascade Council Garden Valley Greenleaf Friends Horseshoe Bend Meadows Valley Rimrock Salmon River Tri-Valley (Cambridge/Midvale co-op)
IV (32)	Canyon Ridge	Burley Jerome Minico Mountain Home Twin Falls Wood River	Buhl Filer Gooding Kimberly	Declo Sun Valley Community Valley Wendell Xavier Charter	Castleford Glenns Ferry Lighthouse Christian Magic Valley Alt. Murtaugh Oakley Roft River Shoshone	Bliss Camas County Carey Dietrich Hagerman Hansen ISDB Richfield
<b>V</b> (17)	Highland - P	Century Pocatello Preston	American Falls Marsh Valley Snake River	Aberdeen Bear Lake Malad Soda Springs West Side	Grace	Grace Lutheran North Gem Rockland Sho-Ban
<b>VI</b> (24)	ldaho Falls Madison Rigby Thunder Ridge	Blackfoot Bonneville Hillcrest Shelley Skyline	South Fremont Sugar-Salem Teton	Firth North Fremont Ririe Salmon West Jefferson	Butte County Challis Taylor's Crossing Charter	Clark County Leadore Mackay Watersprings

As of: 8/01/19

#### 3A / 2A / 1A Financial Plans - Quarter/Semi Final Rounds

1. Plan when the game is played at a host site:

The following expenses will be deducted before the revenue is

- Percentage to State Association (a) 10%, (b) 15%, (c) 20%
- Officials
- Percentage of cost of awards based upon the number of games in playoff
- d. \$3 per mile one way for traveling team
- Sales tax
- f. The host team will be allowed up to \$175 for on-site expenses.

The remaining revenue will be divided as follows:

a. \$1-\$1000 Home Team 45% Visiting Team 55%

b. \$1001-\$4000 If travel is over 200 miles, teams split 35-65 in favor of traveling team; otherwise, split is 45-55.

c. Over \$4000 Home Team 48% Visiting Team 52%

Plan to be used when the contest is played at a site other than home site:

The following expenses will be deducted before the revenue is shared.

- a. Percentage to State Association (a) 10%, (b) 15%, (c) 20%
- b. Officials
- Percentages awards costs based upon the number of games in playoff
- d. \$3 per mile one way for traveling team
- e. Sales Tax

The remaining revenue will be divided as follows:

- a. 0-100 mile difference 50/50
- b. 101-200 mile difference 45/55
- c. 201-up mile difference 35/65
- If the gate receipts are not sufficient to cover the on-site expenses, the travel reimbursement will be proportionate to the income.
- 4. The IHSAA will be in control of all media rights for the round of 16. All media money from this round will be returned to the participating schools.

#### **RULE 10 - OFFICIALS**

#### 10-1-2 Code of Ethics and Background Checks for Officials

- a. The Association reserves the right to suspend or drop from the approved list any official who does not comply with the Code of Ethics for Athletic Officials, whose conduct on or away from the area of competition indicates the official is unfit to serve, or who does not wear the official uniform as prescribed by the Association.
- b. All officials must pass a criminal background check conducted by the Association upon registering and every odd-numbered year of continued service. Officials cannot have been convicted of:
  - 1. A felony involving the use, possession or sale of a controlled substance within the last 10 years. The 10-year period of ineligibility to officiate shall commence from the date of suspension from officiating duties or from the date of conviction, whichever occurred first, or
  - 2. A crime involving the use or threatened use of violence against a person within the last 10 years. The 10-year period of ineligibility to officiate shall commence from the date of suspension from officiating duties or from the date of conviction, whichever occurred first, or
  - 3. A crime involving a minor child at any time.
- c. Officials will be suspended during any and all formal investigations.

#### BASEBALL PITCH COUNT

#### RULE CHANGE PROPOSAL

#### CURRENT

- 5. During each contest, the home team hosts the official book. A record of pitches should be recorded with the opposing team after each full inning. Verification of all pitchers and pitches thrown should be agreed on by both teams after each game. Each school will use MaxPreps to record their own team's total pitches of each game prior to their next contest.
- 6. If a school fails to report the pitch count from a game to Max Preps, the violation for not reporting occurs at the 1<sup>st</sup> pitch of the following game resulting in a forfeit.
- 7. If a school/pitcher violates the pitching rules, the game in which the violation occurred will result in a forfeit.

#### PROPOSAL

- 5. During each contest, the home team hosts the official book. A record of pitches should be recorded with the opposing team after each full inning. Both teams should verify all pitchers and pitches thrown after each game.
- 6. Each school will use MaxPreps to record their own team's total pitches of each game.
  - a. Pitch count will be recorded on MaxPreps by noon the date following the game or prior to their next contest whichever occurs first.
  - b. If a team plays a doubleheader, pitch count for both games will be recorded on MaxPreps by noon the date following the doubleheader or prior to their next contest whichever occurs first.
- 7. If a school fails to report the pitch count from a game to Max Preps, the violation for not reporting occurs at the 1<sup>st</sup> pitch of the following game resulting in a forfeit the violation should be reported to the board of control and the coach will be suspended for the following two games.

#### Move # 4 to make the rule sequential

4. If a school/pitcher violates the pitching rules, the game in which the violation occurred will result in a forfeit.

#### 17-2-4 Coaching Limitations

a. Coaches are not allowed to coach students of the school competitively (during competition) from August 3 to the start of that sport season during the school year. Coaches, athletic trainers, or other school personnel cannot contact students during that same time. Winter and spring activities can contact students after the last starting date for fall activity practices.

b. Schools will determine a 3-day, consecutive no contact period over winter break and notify the IHSAA of those dates through their fall School Directory update.

c. Coaches are not allowed to set up practices to be run by other parents, volunteers or students during the no contact periods.



#### NFHS LEARNING CENTER

#### Student Mental Health and Suicide Prevention

It's widely known that stress, anxiety and depression create challenges for both society and individuals, including interscholastic students. And severe conditions can lead to the worst outcomes, such as suicide.

The NFHS is proud to bring you this course on *Student Mental Health and Suicide*Prevention in response to this reality. With a focus on wellness, including both physical and psychological, this course highlights causes, strategies and provides helpful resources.

For students, their peers and anyone responsible for their care and well-being, take the course *Student Mental Health and Suicide Prevention*.





# Suicide in Idaho: FactSheet

# IDAHO DEPARTMENT OF HEALTH & WELFARE DIVISION OF PUBLIC HEALTH

## February 2018

- In 2016, there were 44,965 deaths by suicide in the UnitedStates, an average of 1 person every 12 minutes.
- Idaho is consistently among the states with the highest suicide rates. In 2016, Idaho had the 8th highest suicide rate in the U.S. with a rate of 20.8, 50% higher than the national average.
- Suicide is the 2<sup>nd</sup> leading cause of death for Idahoans ages 15-34 and for males up to age 44.
- Between 2012-2016, 105 Idaho school children (ages 6-18 years old) died by suicide; 27 of those deaths were among children age 14 or younger.
- Between 2012-2016, an estimated 7,100 adults age 18 and up attempted suicide inIdaho; resulting in an attempt rate of 686 per 100,000.

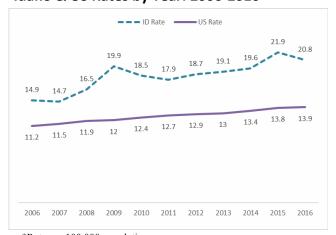
#### Idaho Resident Suicides By Public Health District

\*Rate per 100,000 population

District	Anchor City	Suicides 2016	Rate (per 100,000)	Population	Suicides 2012-2016	5-Year Average Rate
1	Coeur D'Alene	37	16.1-	230,072	237	21.4
2	Lewiston	35	32.4*	108,071	134	25.0
3	Nampa	53	19.1-	277,369	240	17.9
4	Boise	115	23.4*	487,666	442	18.8
5	Twin Falls	36	18.6-	193,947	195	20.5
6	Pocatello	43	25.2-	170,314	203	24.0
7	Idaho Falls	32	14.8-	215,701	189	18.0
Ic	laho Overall	351	20.8-	1,683,140	1,640	20.0

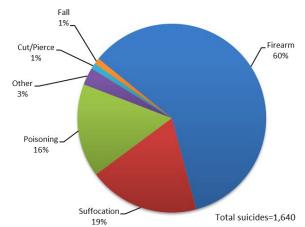
<sup>\*</sup> Increase from 2015, - Decrease from 2015

#### Idaho & US Rates by Year: 2006-2016



<sup>\*</sup>Rate per 100,000 population

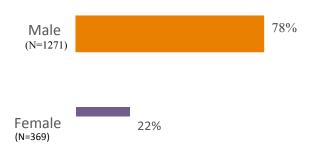
#### Idaho Method: 2012-2016 (All Ages)



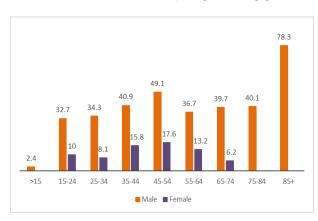
#### Idaho Youth Risk Behavior Survey 2017 - Public and Charter High School Students

Grade	Sad or Hopeless (%)	Suicidal (%)	Plan (%)	Attempt (%)	Medical Care for Attempt (%)
9 <sup>th</sup>	34.8	22.7	20.1	12.8	3.2
10 <sup>th</sup>	36.7	23.9	19.4	10.3	3.7
11 <sup>th</sup>	34.0	20.9	19.1	8.8	3.3
12 <sup>th</sup>	34.6	19.5	14.8	5.6	2.5
Idaho Overall	35.0	21.7	18.4	9.7	3.2

# Idaho Suicide Deaths by Gender: 2012 - 2016



# Idaho Suicide Rates by Age and Gender: 2012-2016 Combined (\*Rate per 100,000 population)



\*Note: Rates are unreliable when the rate is calculated with a numerator (number of deaths) of less than 20.

# SPP REVENTION ROOM

Suicide Prevention Program 450 W. State Street, 4th Floor PO Box 83720 Boise, Idaho 83720-0036 (208) 334-4953

#### Idaho Suicide Rates by County: 2012-2016

- \*Rate per 100,000 population
- \*\*Number of deaths is shown below county name.

